

ECHAUFFEMENTS CHRONOMETRES DE 10H10 A 11H40

CLUB	Cat.	Départ navette (3 min)	Vestiaires (3 min)	Corporel (25 min)	ENGIN		Vestiaires (3 min)	Retour navette (3 min)	contrôle licence + engin (3 min)	Vestiaires (3 min)	ENGIN			concent. (5 min)	Passage
					Prat 1 (30 min)	Prat 2 (30 min)					Bandes (11 min)	Changt zone (1,30 min)	Pré compétition (2,30 min)		
1 GYM 2000 LA FARLEDE	Reg Duo 13 ans et -	08:37:00	08:40:00	08:43:00	09:08:00		09:38:00	09:41:00	09:44:00	09:47:00	09:50:00	10:01:00	10:02:30	10:05:00	10:10:00
2 ASDA GR 2	Reg Ens 13 ans et -	08:39:00	08:42:00	08:45:00	09:10:00		09:40:00	09:43:00	09:46:00	09:49:00	09:52:00	10:03:00	10:04:30	10:07:00	10:12:00
3 A.S.S. RAPHAELOISE 1	Reg Duo 13 ans et -	08:41:30	08:44:30	08:47:30	09:12:30		09:42:30	09:45:30	09:48:30	09:51:30	09:54:30	10:05:30	10:07:00	10:09:30	10:14:30
4 MONACO GR 2	Reg Ens 13 ans et -	08:43:30	08:46:30	08:49:30	09:14:30		09:44:30	09:47:30	09:50:30	09:53:30	09:56:30	10:07:30	10:09:00	10:11:30	10:16:30
5 EGGA	Reg Duo 13 ans et -	08:46:00	08:49:00	08:52:00	09:17:00		09:47:00	09:50:00	09:53:00	09:56:00	09:59:00	10:10:00	10:11:30	10:14:00	10:19:00
6 ISTRES GR	Reg Ens 13 ans et -	08:48:00	08:51:00	08:54:00	09:19:00		09:49:00	09:52:00	09:55:00	09:58:00	10:01:00	10:12:00	10:13:30	10:16:00	10:21:00
7 SCO MARSEILLE STE MARGU	Reg Duo 13 ans et -	08:50:30	08:53:30	08:56:30	09:21:30		09:51:30	09:54:30	09:57:30	10:00:30	10:03:30	10:14:30	10:16:00	10:18:30	10:23:30
8 S.L.C.MARTIGUES GR 1	Reg Ens 13 ans et -	08:52:30	08:55:30	08:58:30	09:23:30		09:53:30	09:56:30	09:59:30	10:02:30	10:05:30	10:16:30	10:18:00	10:20:30	10:25:30
9 A.M.S.L. FREJUS 1	Reg Duo 13 ans et -	08:55:00	08:58:00	09:01:00	09:26:00		09:56:00	09:59:00	10:02:00	10:05:00	10:08:00	10:19:00	10:20:30	10:23:00	10:28:00
10 ASPTT NICE GR	Reg Ens 13 ans et -	08:57:00	09:00:00	09:03:00	09:28:00		09:58:00	10:01:00	10:04:00	10:07:00	10:10:00	10:21:00	10:22:30	10:25:00	10:30:00
11 GRC SALON GRANS	Reg Duo 13 ans et -	08:59:30	09:02:30	09:05:30	09:30:30		10:00:30	10:03:30	10:06:30	10:09:30	10:12:30	10:23:30	10:25:00	10:27:30	10:32:30
12 GRC SALON GRANS	Reg Ens 13 ans et -	09:01:30	09:04:30	09:07:30	09:32:30		10:02:30	10:05:30	10:08:30	10:11:30	10:14:30	10:25:30	10:27:00	10:29:30	10:34:30
13 A.M.S.L. FREJUS 2	Reg Duo 13 ans et -	09:04:00	09:07:00	09:10:00	09:35:00		10:05:00	10:08:00	10:11:00	10:14:00	10:17:00	10:28:00	10:29:30	10:32:00	10:37:00
14 GYM RHYTHMIC VITROLLES	Reg Ens 13 ans et -	09:06:00	09:09:00	09:12:00	09:37:00		10:07:00	10:10:00	10:13:00	10:16:00	10:19:00	10:30:00	10:31:30	10:34:00	10:39:00
15 SCMS GR	Reg Duo 13 ans et -	09:08:30	09:11:30	09:14:30	09:39:30		10:09:30	10:12:30	10:15:30	10:18:30	10:21:30	10:32:30	10:34:00	10:36:30	10:41:30
16 C.O. BANDOL GR	Reg Ens 13 ans et -	09:10:30	09:13:30	09:16:30	09:41:30		10:11:30	10:14:30	10:17:30	10:20:30	10:23:30	10:34:30	10:36:00	10:38:30	10:43:30
17 A.I.S.A. GR 1	Reg Duo 13 ans et -	09:13:00	09:16:00	09:19:00	09:44:00		10:14:00	10:17:00	10:20:00	10:23:00	10:26:00	10:37:00	10:38:30	10:41:00	10:46:00
18 EGGA	Reg Ens 13 ans et -	09:15:00	09:18:00	09:21:00	09:46:00		10:16:00	10:19:00	10:22:00	10:25:00	10:28:00	10:39:00	10:40:30	10:43:00	10:48:00
19 A.S.S. RAPHAELOISE 2	Reg Duo 13 ans et -	09:17:30	09:20:30	09:23:30	09:48:30		10:18:30	10:21:30	10:24:30	10:27:30	10:30:30	10:41:30	10:43:00	10:45:30	10:50:30
20 ASDA GR 3	Reg Ens 13 ans et -	09:19:30	09:22:30	09:25:30	09:50:30		10:20:30	10:23:30	10:26:30	10:29:30	10:32:30	10:43:30	10:45:00	10:47:30	10:52:30
21 A.I.S.A. GR 2	Reg Duo 13 ans et -	09:22:00	09:25:00	09:28:00	09:53:00		10:23:00	10:26:00	10:29:00	10:32:00	10:35:00	10:46:00	10:47:30	10:50:00	10:55:00
22 S.L.C.MARTIGUES GR 2	Reg Ens 13 ans et -	09:24:00	09:27:00	09:30:00	09:55:00		10:25:00	10:28:00	10:31:00	10:34:00	10:37:00	10:48:00	10:49:30	10:52:00	10:57:00
23 GYM RHYTHMIC VITROLLES	Reg Duo TC	09:26:30	09:29:30	09:32:30	09:57:30		10:27:30	10:30:30	10:33:30	10:36:30	10:39:30	10:50:30	10:52:00	10:54:30	10:59:30
24 GR AIX	Reg Ens 13 ans et -	09:28:30	09:31:30	09:34:30	09:59:30		10:29:30	10:32:30	10:35:30	10:38:30	10:41:30	10:52:30	10:54:00	10:56:30	11:01:30
25 A.I.S.A. GR	Reg Duo TC	09:31:00	09:34:00	09:37:00	10:02:00		10:32:00	10:35:00	10:38:00	10:41:00	10:44:00	10:55:00	10:56:30	10:59:00	11:04:00
26 ASDA GR 1	Reg Ens 13 ans et -	09:33:00	09:36:00	09:39:00	10:04:00		10:34:00	10:37:00	10:40:00	10:43:00	10:46:00	10:57:00	10:58:30	11:01:00	11:06:00
27 A.M.S.L. FREJUS	Reg Duo TC	09:35:30	09:38:30	09:41:30	10:06:30		10:36:30	10:39:30	10:42:30	10:45:30	10:48:30	10:59:30	11:01:00	11:03:30	11:08:30
28 SPOC GR	Reg Ens 13 ans et -	09:37:30	09:40:30	09:43:30	10:08:30		10:38:30	10:41:30	10:44:30	10:47:30	10:50:30	11:01:30	11:03:00	11:05:30	11:10:30
29 STADE LAURENTIN GRS	Reg Duo TC	09:40:00	09:43:00	09:46:00	10:11:00		10:41:00	10:44:00	10:47:00	10:50:00	10:53:00	11:04:00	11:05:30	11:08:00	11:13:00
30 A.M.S.L. FREJUS	Reg Ens 13 ans et -	09:42:00	09:45:00	09:48:00	10:13:00		10:43:00	10:46:00	10:49:00	10:52:00	10:55:00	11:06:00	11:07:30	11:10:00	11:15:00
31 LA DRACENOISE GR	Reg Duo TC	09:44:30	09:47:30	09:50:30	10:15:30		10:45:30	10:48:30	10:51:30	10:54:30	10:57:30	11:08:30	11:10:00	11:12:30	11:17:30
32 GRS FJ GRIMAUD	Reg Ens TC GR	09:46:30	09:49:30	09:52:30	10:17:30		10:47:30	10:50:30	10:53:30	10:56:30	10:59:30	11:10:30	11:12:00	11:14:30	11:19:30
33 ISTRES GR	Reg Duo TC	09:49:00	09:52:00	09:55:00	10:20:00		10:50:00	10:53:00	10:56:00	10:59:00	11:02:00	11:13:00	11:14:30	11:17:00	11:22:00
35 GYM 2000 LA FARLEDE	Reg Duo TC	09:52:00	09:55:00	09:58:00	10:23:00		10:53:00	10:56:00	10:59:00	11:02:00	11:05:00	11:16:00	11:17:30	11:20:00	11:25:00
37 EGGA	Reg Duo TC	09:55:00	09:58:00	10:01:00	10:26:00		10:56:00	10:59:00	11:02:00	11:05:00	11:08:00	11:19:00	11:20:30	11:23:00	11:28:00

ECHAUFFEMENTS CHRONOMETRES DE 13H00 A 14H30

					ENGIN			ENGIN								
CLUB	Cat.	Départ navette (3 min)	Vestiaires (3 min)	Corporel INDIV (35 min)		Prat 1 (30 min)	Prat 2 (30 min)	Vestiaires (3 min)	Retour navette (3 min)	contrôle licence + engin (3 min)	Vestiaires (3 min)	Bandes (11 min)	Changt zone (1,30 min)	Pré compétition (2,30 min)	concent. (5 min)	Passage
1	Elisa Comino	INDIVIDUELLE DN3/4	11:20:00	11:23:00		11:58:00		12:28:00	12:31:00	12:34:00	12:37:00	12:40:00	12:51:00	12:52:30	12:55:00	13:00:00
2	Martina LAMBERTI	INDIVIDUELLE DN3/4	11:24:30	11:27:30		12:02:30		12:32:30	12:35:30	12:38:30	12:41:30	12:44:30	12:55:30	12:57:00	12:59:30	13:04:30
3	Camille Crovetti	INDIVIDUELLE DN3/4	11:29:00	11:32:00		12:07:00		12:37:00	12:40:00	12:43:00	12:46:00	12:49:00	13:00:00	13:01:30	13:04:00	13:09:00
4	Nais Chambelland	INDIVIDUELLE DN3/4	11:30:30	11:36:30		12:11:30		12:41:30	12:44:30	12:47:30	12:50:30	12:53:30	13:04:30	13:06:00	13:08:30	13:13:30
5	Juliette Deville	INDIVIDUELLE DN3/4	11:38:00	11:41:00		12:16:00		12:46:00	12:49:00	12:52:00	12:55:00	12:58:00	13:09:00	13:10:30	13:13:00	13:18:00
6	Camille Epailly	INDIVIDUELLE DN3/4	11:42:30	11:45:30		12:20:30		12:50:30	12:53:30	12:56:30	12:59:30	13:02:30	13:13:30	13:15:00	13:17:30	13:22:30
7	Maëlle Teisseire	INDIVIDUELLE DN2	11:47:00	11:50:00		12:25:00		12:55:00	12:58:00	13:01:00	13:04:00	13:07:00	13:18:00	13:19:30	13:22:00	13:27:00
8	Sofia RIGHI	INDIVIDUELLE DN2	11:48:30	11:51:30		12:29:30		12:59:30	13:02:30	13:05:30	13:08:30	13:11:30	13:22:30	13:24:00	13:26:30	13:31:30
9	Battista MORENA	INDIVIDUELLE DN2	11:53:00	11:56:00		12:34:00		13:04:00	13:07:00	13:10:00	13:13:00	13:16:00	13:27:00	13:28:30	13:31:00	13:36:00
10	Maïée Querville	INDIVIDUELLE DN2	12:00:30	12:03:30		12:38:30		13:08:30	13:11:30	13:14:30	13:17:30	13:20:30	13:31:30	13:33:00	13:35:30	13:40:30
11	Charlotte Gillardo	INDIVIDUELLE DN2	12:05:00	12:08:00		12:43:00		13:13:00	13:16:00	13:19:00	13:22:00	13:25:00	13:36:00	13:37:30	13:40:00	13:45:00
12	Candice Dupont	INDIVIDUELLE DN1	12:06:30	12:09:30		12:47:30		13:17:30	13:20:30	13:23:30	13:26:30	13:29:30	13:40:30	13:42:00	13:44:30	13:49:30
13	Ilona Auvaro	INDIVIDUELLE DN1	12:11:00	12:14:00		12:52:00		13:22:00	13:25:00	13:28:00	13:31:00	13:34:00	13:45:00	13:46:30	13:49:00	13:54:00
14	Appolline Lauron	INDIVIDUELLE DN1	12:15:30	12:18:30		12:56:30		13:26:30	13:29:30	13:32:30	13:35:30	13:38:30	13:49:30	13:51:00	13:53:30	13:58:30
15	Eva Ustinov	INDIVIDUELLE DN1	12:20:00	12:23:00		13:01:00		13:31:00	13:34:00	13:37:00	13:40:00	13:43:00	13:54:00	13:55:30	13:58:00	14:03:00
16	Albane Rousseau	INDIVIDUELLE DN1	12:24:30	12:27:30		13:05:30		13:35:30	13:38:30	13:41:30	13:44:30	13:47:30	13:58:30	14:00:00	14:02:30	14:07:30

CLUB	Cat.	Départ navette (3 min)	Vestiaires (3 min)		Corpornel RE (25 min)	ENGIN				ENGIN					concent. (5 min)	Passage
						Prat 1 (30 min)	Prat 2 (30 min)	Vestiaires (3 min)	Retour navette (3 min)	contrôle licence + engin (3 min)	Vestiaires (3 min)	Bandes (11 min)	Change zone (1,30 min)	Pré compétition (2,30 min)		
1	LA DRACENOISE GR	Reg Ens 15 ans et -	11:29:00	11:32:00	11:35:00	12:00:00	12:30:00	12:33:00	12:36:00	12:39:00	12:42:00	12:53:00	12:54:30	12:57:00	13:02:00	
2	C.O. BANDOUL GR	Reg Ens 15 ans et -	11:33:30	11:36:30	11:39:30	12:04:30	12:34:30	12:37:30	12:40:30	12:43:30	12:46:30	12:57:30	12:59:00	13:01:30	13:06:30	
3	GRC SALON GRANS	Reg Ens 15 ans et -	11:38:00	11:41:00	11:44:00	12:09:00	12:39:00	12:42:00	12:45:00	12:48:00	12:51:00	13:02:00	13:03:30	13:06:00	13:11:00	
4	EGGA	Reg Ens 15 ans et -	11:42:30	11:45:30	11:48:30	12:13:30	12:43:30	12:46:30	12:49:30	12:52:30	12:55:30	13:06:30	13:08:00	13:10:30	13:15:30	
5	C.G.B MARSEILLE	Reg Ens 15 ans et -	11:47:00	11:50:00	11:53:00	12:18:00	12:48:00	12:51:00	12:54:00	12:57:00	13:00:00	13:11:00	13:12:30	13:15:00	13:20:00	
6	SCMS GR	Reg Ens 15 ans et -	11:51:30	11:54:30	11:57:30	12:22:30	12:52:30	12:55:30	12:58:30	13:01:30	13:04:30	13:15:30	13:17:00	13:19:30	13:24:30	
7	GRC SALON GRANS	Reg Ens 10-11 ans	11:56:00	11:59:00	12:02:00	12:27:00	12:57:00	13:00:00	13:03:00	13:06:00	13:09:00	13:20:00	13:21:30	13:24:00	13:29:00	
8	GRS FJ GRIMAUD	Reg Ens 10-11 ans	12:00:30	12:03:30	12:06:30	12:31:30	13:01:30	13:04:30	13:07:30	13:10:30	13:13:30	13:24:30	13:26:00	13:28:30	13:33:30	
9	A.J.S. LA GARDE GRS	Reg Ens 10-11 ans	12:05:00	12:08:00	12:11:00	12:36:00	13:06:00	13:09:00	13:12:00	13:15:00	13:18:00	13:29:00	13:30:30	13:33:00	13:38:00	
10	A.S.S. RAHMAELOISE	Reg Ens 10-11 ans	12:09:30	12:12:30	12:15:30	12:40:30	13:10:30	13:13:30	13:16:30	13:19:30	13:22:30	13:33:30	13:35:00	13:37:30	13:42:30	
11	S.L.C.MARTIGUES GR	Reg Ens 10-11 ans	12:14:00	12:17:00	12:20:00	12:45:00	13:15:00	13:18:00	13:21:00	13:24:00	13:27:00	13:38:00	13:39:30	13:42:00	13:47:00	
12	ISTRES GR	Reg Ens 10-11 ans	12:18:30	12:21:30	12:24:30	12:49:30	13:19:30	13:22:30	13:25:30	13:28:30	13:31:30	13:42:30	13:44:00	13:46:30	13:51:30	
13	STADE LAURENTIN GRS	Reg Ens 10-11 ans	12:23:00	12:26:00	12:29:00	12:54:00	13:24:00	13:27:00	13:30:00	13:33:00	13:36:00	13:47:00	13:48:30	13:51:00	13:56:00	
14	ASDA GR	Reg Ens 10-11 ans	12:27:30	12:30:30	12:33:30	12:58:30	13:28:30	13:31:30	13:34:30	13:37:30	13:40:30	13:51:30	13:53:00	13:55:30	14:00:30	
15	MONACO GR	Reg Ens 10-11 ans	12:32:00	12:35:00	12:38:00	13:03:00	13:33:00	13:36:00	13:39:00	13:42:00	13:45:00	13:56:00	13:57:30	14:00:00	14:05:00	
16	SCMS GR	Reg Ens 10-11 ans	12:36:30	12:39:30	12:42:30	13:07:30	13:37:30	13:40:30	13:43:30	13:46:30	13:49:30	14:00:30	14:02:00	14:04:30	14:09:30	
17	U.G.C SOLLIES	Reg Ens 10-11 ans	12:41:00	12:44:00	12:47:00	13:12:00	13:42:00	13:45:00	13:48:00	13:51:00	13:54:00	14:05:00	14:06:30	14:09:00	14:14:00	
18	EGGA	Reg Ens 10-11 ans	12:45:30	12:48:30	12:51:30	13:16:30	13:46:30	13:49:30	13:52:30	13:55:30	13:58:30	14:09:30	14:11:00	14:13:30	14:18:30	

ECHAUFFEMENTS CHRONOMETRES DE 15H00 A 17H00

						ENGINE						ENGINE							
CLUB	Cat.	Départ navette (3 min)	Vestiaires (3 min)	Corporel (25 min)	Prat 1 (40 min)	Prat 2 (40 min)	Vestiaires (3 min)	Retour navette (3 min)	contrôle licence + engin (3 min)	Vestiaires (3 min)	Bandes (11 min)	Changt zone (1,30 min)	Pré compétition (2,30 min)	concent. (5 min)	Passage				
1 ISTRES GR	Nat Duo TC	13:17:00	13:20:00	13:23:00	13:48:00		14:28:00	14:31:00	14:34:00	14:37:00	14:40:00	14:51:00	14:52:30	14:55:00	15:00:00				
2 U.G.C SOLLIES	Nat ens 7/9	13:20:00	13:23:00	13:26:00		13:51:00	14:31:00	14:34:00	14:37:00	14:40:00	14:43:00	14:54:00	14:55:30	14:58:00	15:03:00				
3 LA DRACENOISE GR	Nat Duo TC	13:23:30	13:26:30	13:29:30	13:54:30		14:34:30	14:37:30	14:40:30	14:43:30	14:46:30	14:57:30	14:59:00	15:01:30	15:06:30				
4 GR AIX	Nat ens 15 et -	13:26:30	13:29:30	13:32:30		13:57:30	14:37:30	14:40:30	14:43:30	14:46:30	14:49:30	15:00:30	15:02:00	15:04:30	15:09:30				
5 C.G.B MARSEILLE 1	Nat Duo TC	13:30:00	13:33:00	13:36:00	14:01:00		14:41:00	14:44:00	14:47:00	14:50:00	14:53:00	15:04:00	15:05:30	15:08:00	15:13:00				
6 U.G.C SOLLIES	Nat ens 15 et -	13:33:00	13:36:00	13:39:00		14:04:00	14:44:00	14:47:00	14:50:00	14:53:00	14:56:00	15:07:00	15:08:30	15:11:00	15:16:00				
7 SCMS GR 2	Nat Duo TC	13:36:30	13:39:30	13:42:30	14:07:30		14:47:30	14:50:30	14:53:30	14:56:30	14:59:30	15:10:30	15:12:00	15:14:30	15:19:30				
8 C.G.B MARSEILLE	Nat ens 15 et -	13:39:30	13:42:30	13:45:30		14:10:30	14:50:30	14:53:30	14:56:30	14:59:30	15:02:30	15:13:30	15:15:00	15:17:30	15:22:30				
9 ASDA GR	Nat Duo TC	13:43:00	13:46:00	13:49:00	14:14:00		14:54:00	14:57:00	15:00:00	15:03:00	15:06:00	15:17:00	15:18:30	15:21:00	15:26:00				
10 ISTRES GR	Nat ens 15 et -	13:46:00	13:49:00	13:52:30		14:17:00	14:57:00	15:00:00	15:03:00	15:06:00	15:09:00	15:20:00	15:21:30	15:24:00	15:29:00				
11 C.G.B MARSEILLE 2	Nat Duo TC	13:49:30	13:52:30	13:55:30	14:20:30		15:00:30	15:03:30	15:06:30	15:09:30	15:12:30	15:23:30	15:25:00	15:27:30	15:32:30				
12 SCO MARSEILLE STE MARGUERITE	Nat ens 15 et -	13:52:30	13:55:30	13:58:30		14:23:30	15:03:30	15:06:30	15:09:30	15:12:30	15:15:30	15:26:30	15:28:00	15:30:30	15:35:30				
13 A.J.S. LA GARDE GRS	Nat Duo TC	13:56:00	13:59:00	14:02:00	14:27:00		15:07:00	15:10:00	15:13:00	15:16:00	15:19:00	15:30:00	15:31:30	15:34:00	15:39:00				
14 SCMS GR	Nat ens 17 et -	13:59:00	14:02:00	14:05:00		14:30:00	15:10:00	15:13:00	15:16:00	15:19:00	15:22:00	15:33:00	15:34:30	15:37:00	15:42:00				
15 EGGA	Nat Duo TC	14:02:30	14:05:30	14:08:30	14:33:30		15:13:30	15:16:30	15:19:30	15:22:30	15:25:30	15:36:30	15:38:00	15:40:30	15:45:30				
16 SPCOC GR	Nat ens 13 et -	14:05:30	14:08:30	14:11:30		14:36:30	15:16:30	15:19:30	15:22:30	15:25:30	15:28:30	15:39:30	15:41:00	15:43:30	15:48:30				
17 MONACO GR	Nat Duo TC	14:09:00	14:12:00	14:15:00	14:40:00		15:20:00	15:23:00	15:26:00	15:29:00	15:32:00	15:43:00	15:44:30	15:47:00	15:52:00				
18 U.G.C SOLLIES	Nat ens 13 et -	14:12:00	14:15:00	14:18:00		14:43:00	15:23:00	15:26:00	15:29:00	15:32:00	15:35:00	15:46:00	15:47:30	15:50:00	15:55:00				
19 ASPTT NICE GR	Nat Duo TC	14:15:30	14:18:30	14:21:30	14:46:30		15:26:30	15:29:30	15:32:30	15:35:30	15:38:30	15:49:30	15:51:00	15:53:30	15:58:30				
20 GRC SALON GRANS	Nat ens 13 et -	14:18:30	14:21:30	14:24:30		14:49:30	15:29:30	15:32:30	15:35:30	15:38:30	15:41:30	15:52:30	15:54:00	15:56:30	16:01:30				
21 SCMS GR 1	Nat Duo TC	14:22:00	14:25:00	14:28:00	14:53:00		15:33:00	15:36:00	15:39:00	15:42:00	15:45:00	15:56:00	15:57:30	16:00:00	16:05:00				
22 GR AIX	Nat ens 13 et -	14:25:00	14:28:00	14:31:00		14:56:00	15:36:00	15:39:00	15:42:00	15:45:00	15:48:00	15:59:00	16:00:30	16:03:00	16:08:00				
23 GYM RTHMIC VITROLLES	Nat Duo TC	14:28:30	14:31:30	14:34:30	14:59:30		15:39:30	15:42:30	15:45:30	15:48:30	15:51:30	16:02:30	16:04:00	16:06:30	16:11:30				
24 S.L.C.MARTIGUES GR	Nat ens 13 et -	14:31:30	14:34:30	14:37:30		15:02:30	15:42:30	15:45:30	15:48:30	15:51:30	15:54:30	16:05:30	16:07:00	16:09:30	16:14:30				
25 AS COGOLIN GR	Nat Duo TC	14:35:00	14:38:00	14:41:00	15:06:00		15:46:00	15:49:00	15:52:00	15:55:00	15:58:00	16:09:00	16:10:30	16:13:00	16:18:00				
26 U.G.C SOLLIES	Nat ens 10/11	14:38:00	14:41:00	14:44:00		15:09:00	15:49:00	15:52:00	15:55:00	15:58:00	16:01:00	16:12:00	16:13:30	16:16:00	16:21:00				
27 ASPTT NICE GR 2	Nat Duo 7/9	14:41:30	14:44:30	14:47:30	15:12:30		15:52:30	15:55:30	15:58:30	16:01:30	16:04:30	16:15:30	16:17:00	16:19:30	16:24:30				
28 GR AIX	Nat ens 10/11	14:44:30	14:47:30	14:50:30		15:15:30	15:55:30	15:58:30	16:01:30	16:04:30	16:07:30	16:18:30	16:20:00	16:22:30	16:27:30				
29 ASPTT NICE GR 1	Nat Duo 7/9	14:48:00	14:51:00	14:54:00	15:19:00		15:59:00	16:02:00	16:05:00	16:08:00	16:11:00	16:22:00	16:23:30	16:26:00	16:31:00				
30 STADE LAURENTIN GRS	Nat ens 10/11	14:51:00	14:54:00	14:57:00		15:22:00	16:02:00	16:05:00	16:08:00	16:11:00	16:14:00	16:25:00	16:26:30	16:29:00	16:34:00				
31 U.G.C SOLLIES	Nat Duo 7/9	14:54:30	14:57:30	15:00:30	15:25:30		16:05:30	16:08:30	16:11:30	16:14:30	16:17:30	16:28:30	16:30:00	16:32:30	16:37:30				
32 ASPTT NICE GR	Nat ens 10/11	14:57:30	15:00:30	15:03:30		15:28:30	16:08:30	16:11:30	16:14:30	16:17:30	16:20:30	16:31:30	16:33:00	16:35:30	16:40:30				
33 LICENCES INDIVIDUELLES	Nat Duo 7/9	15:01:00	15:04:00	15:07:00	15:32:00		16:12:00	16:15:00	16:18:00	16:21:00	16:24:00	16:35:00	16:36:30	16:39:00	16:44:00				
REMPIACANTES																			
GR AIX	Nat ens 15 et -										16:26:00	16:37:00	16:38:30	16:41:00	16:46:00				
U.G.C SOLLIES	Nat ens 15 et -										16:29:00	16:40:00	16:41:30	16:44:00	16:49:00				
SCO MARSEILLE STE MARGUERITE	Nat ens 15 et -										16:32:00	16:43:00	16:44:30	16:47:00	16:52:00				
GRC SALON GRANS	Nat ens 13 et -										16:35:00	16:46:00	16:47:30	16:50:00	16:55:00				
GR AIX	Nat ens 13 et -										16:38:00	16:49:00	16:50:30	16:53:00	16:58:00				
U.G.C SOLLIES	Nat ens 10/11										16:41:00	16:52:00	16:53:30	16:56:00	17:01:00				
GR AIX	Nat ens 10/11										16:44:00	16:55:00	16:56:30	16:59:00	17:04:00				
STADE LAURENTIN GRS	Nat ens 10/11										16:47:00	16:58:00	16:59:30	17:02:00	17:07:00				

ECHAUFFEMENTS CHRONOMETRES DE 17H10 A 18H10

CLUB	Cat.	Départ navette (3 min)	Vestiaires (3 min)	Corporel (25 min)	ENGIN		Vestiaires (3 min)	Retour navette (3 min)	contrôle licence + engin (3 min)	Vestiaires (3 min)	ENGIN			concent. (5 min)	Passage
					Prat 1 (40 min)	Prat 2 (40 min)					Bandes (11 min)	Changt zone (1,30 min)	Pré compétition (2,30 min)		
1 A.I.S.A. GR 2	Nat Duo 13 ans et -	15:27:00	15:30:00	15:33:00	15:58:00		16:38:00	16:41:00	16:44:00	16:47:00	16:50:00	17:01:00	17:02:30	17:05:00	17:10:00
2 GR AIX	Nat equipe 3/4	15:30:00	15:33:00	15:36:00		16:01:00	16:41:00	16:44:00	16:47:00	16:50:00	16:53:00	17:04:00	17:05:30	17:08:00	17:13:00
3 SCO MARSEILLE STE MARG.	Nat Duo 13 ans et -	15:33:30	15:36:30	15:39:30	16:04:30		16:44:30	16:47:30	16:50:30	16:53:30	16:56:30	17:07:30	17:09:00	17:11:30	17:16:30
4 U.G.C SOLLIES	Nat equipe 3/4	15:36:30	15:39:30	15:42:30		16:07:30	16:47:30	16:50:30	16:53:30	16:56:30	16:59:30	17:10:30	17:12:00	17:14:30	17:19:30
5 STADE LAURENTIN GRS	Nat Duo 13 ans et -	15:40:00	15:43:00	15:46:00	16:11:00		16:51:00	16:54:00	16:57:00	17:00:00	17:03:00	17:14:00	17:15:30	17:18:00	17:23:00
6 A.I.S.A. GR	Nat equipe 3/4	15:43:00	15:46:00	15:49:00		16:14:00	16:54:00	16:57:00	17:00:00	17:03:00	17:06:00	17:17:00	17:18:30	17:21:00	17:26:00
7 ISTRES GR	Nat Duo 13 ans et -	15:46:30	15:49:30	15:52:30	16:17:30		16:57:30	17:00:30	17:03:30	17:06:30	17:09:30	17:20:30	17:22:00	17:24:30	17:29:30
8 STADE LAURENTIN GRS	Nat equipe 2	15:49:30	15:52:30	15:55:30		16:20:30	17:00:30	17:03:30	17:06:30	17:09:30	17:12:30	17:23:30	17:25:00	17:27:30	17:32:30
9 SPCOC GR	Nat Duo 13 ans et -	15:53:00	15:56:00	15:59:00	16:24:00		17:04:00	17:07:00	17:10:00	17:13:00	17:16:00	17:27:00	17:28:30	17:31:00	17:36:00
10 U.G.C SOLLIES	Nat equipe 2	15:56:00	15:59:00	16:02:00		16:27:00	17:07:00	17:10:00	17:13:00	17:16:00	17:19:00	17:30:00	17:31:30	17:34:00	17:39:00
11 A.I.S.A. GR 1	Nat Duo 13 ans et -	15:59:30	16:02:30	16:05:30	16:30:30		17:10:30	17:13:30	17:16:30	17:19:30	17:22:30	17:33:30	17:35:00	17:37:30	17:42:30
12 U.G.C SOLLIES	Nat equipe 1	16:02:30	16:05:30	16:08:30		16:33:30	17:13:30	17:16:30	17:19:30	17:22:30	17:25:30	17:36:30	17:38:00	17:40:30	17:45:30
13 ASPPT NICE GR	Nat equipe 1	16:06:30	16:09:30	16:12:30	00:04:00	16:37:30	17:17:30	17:20:30	17:23:30	17:26:30	17:29:30	17:40:30	17:42:00	17:44:30	17:49:30
REEMPLACANTES															
16 GR AIX	Nat equipe 3/4										17:32:30	17:43:30	17:45:00	17:47:30	17:52:30
17 U.G.C SOLLIES	Nat equipe 3/4										17:35:30	17:46:30	17:48:00	17:50:30	17:55:30
18 A.I.S.A. GR	Nat equipe 3/4										17:38:30	17:49:30	17:51:00	17:53:30	17:58:30
19 U.G.C SOLLIES	Nat equipe 2										17:41:30	17:52:30	17:54:00	17:56:30	18:01:30
20 U.G.C SOLLIES	Nat equipe 1										17:44:30	17:55:30	17:57:00	17:59:30	18:04:30
21 ASPPT NICE GR	Nat equipe 1										17:47:30	17:58:30	18:00:00	18:02:30	18:07:30